

# COUNSELING (COUN)

## **COUN 601 Orientation to Professional Counseling and Ethics (3 Credits)**

This course focuses on the Ethical Principles of Psychologists of the American Psychological Association, as well as standard providers of psychological services and codes of ethics from other mental health professionals. State and federal laws as well as case law affecting the work of psychological service providers are considered. Considerations of social justice, equity, and Human diversity (central to the Ethical Principles of Psychologists) is given special emphasis. In addition, this course teaches the process of ethical decision-making, taking into consideration real-life situations faced by psychologists. Students become aware of the nature of the ethical dilemmas they face; integrate knowledge of laws and ethical codes; develop an awareness of issues faced by psychologists in treatment settings; and advance their skills in ethical decision making.

## **COUN 602 Psychology Of Personality (3 Credits)**

The significance of different personality theories and their relation to practice in the mental health disciplines are studied. The implications for personality assessment and intervention procedures are emphasized.

## **COUN 603 Counseling and Developmental Psychology Across the Life Span (3 Credits)**

Theories and processes of human development are evaluated with emphasis on the relationships between physical, intellectual, social, and emotional aspects. This course integrates concepts derived from learning, clinical, cultural, and sociological studies with general behavior theory.

## **COUN 604 Appraisal and Assessment in Counseling (3 Credits)**

This course trains students in the principles of educational and psychological testing. Opportunities for studying the administration, scoring, and evaluation of group tests of intelligence, achievement, aptitude, and personality are provided. Emphasis is placed on the interpretation of psychological and educational tests and the implications of their findings.

## **COUN 605 Counseling Theories (3 Credits)**

This course introduces the major counseling theories with an emphasis on comparing and contrasting elements of each theory. Attention is given to applying theory to counseling practice, developing a personal theoretical orientation as a professional counselor, and integrating theory into the treatment of grief and trauma.

## **COUN 606 Research Methodology and Program Evaluation (3 Credits)**

This course provides a comprehensive study of research methodology and program evaluation in counseling. Students learn how to examine research literature, evaluate outcome studies, and design action research in order to improve counseling and program effectiveness. Ethical and cultural issues in conducting research in counseling settings are addressed.

**Pre-Requisite(s):** COUN 604 and Academic Plans MA-Counseling, or MA-Counseling w/Schl Cou Crt, or CA-Counseling, or MA-C-CMHC.

## **COUN 607 Group Process (3 Credits)**

This course increases students' understanding of growth processes, which occur in different types of group settings, particularly in-group counseling. Group procedures are part of the course and the goal is to enable students to function as group counselors. Emphasis is placed on the dynamics in dealing with students at all levels of school settings. Prerequisite: Permission of instructor.

## **COUN 608 Counseling Skills (3 Credits)**

In this course students develop interviewing and counseling skills, which enable them to identify an individual's needs within a broad, life-history framework. Its aim is to show how such skills can help establish an atmosphere conducive to productive counseling.

## **COUN 609 Differential Diagnosis of Maladaptive Behavior (3 Credits)**

This course studies the major topics of abnormal psychology with special reference to school-age children and youth. It covers the broad areas of identification, causation, treatment, and the educational problems of the emotionally and socially maladjusted child.

## **COUN 610 Clinical Mental Health Counseling (3 Credits)**

This course provides an overview of the history and practice of mental health counseling and a examination of prevention, intervention, and referral services in community agencies. Ethical issues regarding managed health care, advocacy, public policy, service utilization, and program funding are addressed. Mental health counseling, and crisis intervention skills are introduced.

**Pre-Requisite(s):** COUN 601(or COUN 626), COUN 605, COUN 607(or COUN 625), and COUN 608

## **COUN 616 Therapeutic Intervention Techniques: Consultation in Educational Settings (3 Credits)**

This course includes parameter of various consultation models in reference to groups and cognitive behavioral areas as they relate to school environs, administrative issues and practice-related concerns applicable to students, teachers, interdisciplinary child study team members and parents. The organization and culture of a school are addressed as the context for pragmatic approaches within the practitioner-scientist model of service intervention. Applied psychotherapeutic techniques, cognitive-behavioral approaches, and classroom practice is reviewed. In terms of the Reflective Urban Practitioner Model, students acquire knowledge to enable them to refine their pragmatic intervention skills.

**Pre-Requisite(s):** Academic Plans MA-Counseling, or MA- Counseling w/ Schl Cou Crt, or CA-Counseling, or MA-C-CMHC.

## **COUN 618 Integrated Hlth Care & EBPractices for Working with Children, Adolescent, and Transitional Age Youth (3 Credits)**

Lecture, Role-Play, Clinical Demonstration, Discussion (face-to-face and web-based) and Problem-Solving, Video-Recorded Instruction, Guest Speakers, Group Discussion, Playback of Video-Recorded Counseling Sessions, and Hands on Activities.

## **COUN 627 Consultation and Management of Developmental School Counseling (3 Credits)**

This course provides an overview of the role of a professional school counselor as a consultant and manager of a development school counseling program (i.e., needs assessments, program development, and program evaluation). Students will put the knowledge learned into real use by working with a school in all of these roles.

**Pre-Requisite(s):** COUN 616

## **COUN 629 Multicultural Counseling (3 Credits)**

This course introduces counselor trainees and practicing counselors to issues related to working with a culturally diverse clientele. In this course, students discuss the sociopolitical issues related to cross-cultural counseling and gain knowledge of the theory and skills that are needed to be effective cross-cultural counselors.

**COUN 631 Psychopharmacology (3 Credits)**

The overall goal of this course is to provide the student with introductory psychopharmacology of various medications, drugs, and alcohol. Agents to be covered include antidepressants, antipsychotics, anxiolytics (anti-anxiety agents), anticonvulsants, stimulants, narcotic analgesics (opiates), hallucinogens (psychedelics), sedatives and alcohol. This course will presume knowledge of introductory biological concepts and basic pharmacological concepts.

**COUN 632 Family and Couple Counseling (3 Credits)**

This course introduces the student to the historical development of family systems therapy, its concept and practice. Specific techniques and family/system assessment and intervention are discussed and practiced. Special problems of family therapy are considered. Other concerns include feminist and multicultural issues, AIDS counseling, and family therapy with stepfamilies.

**COUN 636 Group Counseling Theory and Practice (3 Credits)**

Course provides a generic framework for supervision of group psychotherapists. It is intended for students already involved, or soon to be engaged in facilitating groups. Clinical supervision is typically viewed as the integration of professional identity and competency. We will address the modern day dilemmas facing facilitators of groups.

**Prerequisite(s):** COUN 607

**COUN 640 Counseling Children and Adolescents (3 Credits)**

This course provides a comprehensive study of the history, theory, and practice of counseling children and adolescents. Individual counseling skills and experience techniques are emphasized in counseling children with a range of emotional and behavioral problems. Clinical, developmental, ethical, and cultural issues are examined in case studies.

**Pre-Requisite(s):** COUN 605, COUN 608, and COUN 609

**COUN 642 Play Therapy (3 Credits)**

This course provides an overview of the history, theory, and applications of play therapy. Play materials and tools are introduced and integrated into ethical and culturally sensitive counseling practice. A video recorded experiential component working with children focuses on understanding the therapeutic process and developing basic play therapy skills.

**COUN 644 Parent-Child Centered Play Therapy (3 Credits)**

This course provides a comprehensive study of filial therapy. Students develop advanced child centered filial therapy and play therapy skills, and learn to work with a child's system to facilitate relational and systemic change. Ethical, cultural, and clinical issues in parent child play therapy are examined.

**COUN 650 Foundations of Addictions Counseling (3 Credits)**

This course provides an introductory level survey of the concepts, issues, and research on prevention, diagnosis, and treatment of alcohol and substance abuse-related issues.

**COUN 651 Development of Substance Awareness Programs (3 Credits)**

This course is designed to explore, analyze, and develop school and family programs which focus on substance abuse prevention and intervention.

**COUN 652 Assessment, Treatment Planning, and Interventions in Addictions Counseling (3 Credits)**

This course provides an advanced survey of the methods, interventions, and treatment paradigms currently employed in the counseling of children, adolescents, and their families with alcohol and/or substance abuse-related problems.

**COUN 654 Addictions Prevention and Intervention Programs and Resources (3 Credits)**

This course addresses the needs of counselors, community and school professionals responsible for the coordination of substance awareness and prevention activities. Issues in education, prevention, community resources and programs, and intervention are emphasized in this course. Specific prevention programs and community resources and techniques for children, adolescents and adults will be addressed.

**COUN 658 Addictions Counseling: Family Systems Assessment and Treatment (3 Credits)**

This course provides a skills approach to clinical assessment, treatment planning, and family counseling strategies for alcohol/drugs and other addictions impacting families and family systems.

**Prerequisites:** COUN 650

**COUN 663 Career Counseling and Development (3 Credits)**

This course familiarizes the potential counselor with the reference materials, resources, and procedures needed to guide students in educational and vocational decision-making. The wide range of possibilities from which, students at all levels must make their choices is explored. Techniques for helping individuals assess their own potential and make realistic decisions are studied. Theories of career development and choice are examined in detail. Various methods of motivating students to become involved in career selection are studied.

**COUN 686 Case Conceptualization and Treatment Planning in Counseling (3 Credits)**

This course introduces the students to the multi-axial assessment and (Diagnostic and Statistical manual 4th ed.) Techniques associated with the DSM-IV. Special emphasis is placed on biological and psychological disorders from the section on Disorders Usually First Diagnosed in Infancy, Childhood, or Adolescence.

**Pre-Requisite(s):** COUN 609

**COUN 690 Practicum in Counseling (3 Credits)**

Course is designed to provide students with an intensive school counseling practicum experience. Students will be provided with an opportunity to observe first-hand, the roles and responsibilities inherent in the work of counselors, thereby enabling them to apply the skills and knowledge gained in prior course work.

**Pre-Requisite(s):** Permission of the Department, and 30 credits successfully completed before beginning Practicum, including COUN 601, COUN 605, COUN 607, and COUN 608.

**COUN 694 Internship I (3 Credits)**

Students are placed in a wide range of counseling internships with respect to stated interests and career options. The practicum provides students with a realistic assessment of the work of a counselor. Students are expected to integrate the various components of the M.A. in counseling program and to demonstrate skill through a host of assessment techniques. Experiences include: Planning, placement and follow-up; counseling on many different levels; career and educational counseling; self-assessment; program assessment; and professional development.

**COUN 695 Internship II (3 Credits)**

This practicum includes experience in planning, placement and follow-up; counseling on many different levels; career and educational counseling; self-assessment; program assessment; and professional development. Also, the practicum includes a requirement that students complete a community resources survey indigenous to their geographical placement.

**COUN 698 Disaster, Trauma, and Crisis Counseling (3 Credits)**

This course focuses on the skills counselors need to respond effectively in crises and mass disasters including psychological first aid, crisis intervention, and disaster mental health. Ethical, cultural, and treatment issues are examined in the treatment of posttraumatic stress, suicide, abuse, sudden loss, and mass trauma.

**COUN 699 Counseling Supervision (3 Credits)**

This course provides an intensive study and practice of counseling supervision. Emphasis is on the assimilation and application of major theoretical/conceptual models, ethical and cultural considerations, and supervision issues in mental health, agency, school, and university settings. Advanced students will apply their skills by providing individual or triadic supervision to practicum supervisees. Supervision sessions will be video recorded and reviewed by the instructor and student to improve supervision skills. Course Pre-Requisite(s): COUN 694.

**Pre-Requisite(s):** Permission of the Coordinator

**COUN 700 Internship III in Counseling (3 Credits)**

Internship is a 300 hour professional counselor field experience in which students develop and demonstrate competencies in counseling, assessment, advocacy, collaboration, and consultation. In addition to direct service, the internship provides opportunities to become familiar with professional activities and resources and to receive continuous supervision and evaluation throughout the semester.

**Pre-Requisite(s):** COUN 695 and Permission of Chair

**COUN 701 Internship IV in Counseling (3 Credits)**

Internship is intended to reflect the comprehensive work experience of a professional counselor. Students complete 300 hours of direct and indirect work including video recorded individual counseling and group counseling, clinical observation, and case presentation. Individual on-site and university group supervision provide continuous evaluation of counseling skills and dispositions.

**Pre-Requisite(s):** COUN 700

**COUN 703 Independent Study In Counseling (3 Credits)**

This is a specialization and research course. Prerequisite: Matriculation and membership in the School Psychology Program.

**COUN 715 Consultation and Program Evaluation (3 Credits)**

This course will prepare students to: (a) develop instructional, behavioral, and organizational consultation skills in educational and human service settings, (b) utilize research and statistical evaluation tools, and (c) apply these tools to program evaluation in educational and human service settings. Students will gain experience in using consultation and evaluation skills in applied settings, with up to 35 clock hours of practicum experience.