

COUNSELING (COUN)

COUN 601 Orientation to Professional Counseling and Ethics (3 Credits)

This course provides an overview of the ethical and legal practices in the field of counseling. Particularly, ACA Code of Ethics, ASCA Ethical Standards, and ethical decision making models will be discussed in detail. In addition, the roles of professional counselors and counselor professional identity will also be addressed.

COUN 603 Counseling and Developmental Psychology Across the Life Span (3 Credits)

This course provides an understanding of the development needs of individuals in multicultural contexts through the lens of the counselor. Theories and concepts of cognitive, personality, and social development from conception through death are examined with an emphasis on wellness and optimal human development.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 604 Appraisal and Assessment in Counseling (3 Credits)

This course provides an introduction to using assessment in the counseling process. Students learn to select, administer, score, and interpret assessments and use results in the case conceptualization and treatment planning process. Psychometric and statistical concepts are introduced with attention to ethical, social, and cultural factors in the appraisal.

Pre-Requisite(s): COUN 601, 603, 605, 607 and 608.

COUN 605 Counseling Theories (3 Credits)

This course provides a comprehensive study of the major counseling theories with emphasis on comparing and contrasting elements of each theory. A thorough understanding of theoretical approaches is considered a prerequisite to advanced study in the program. The class also focuses on developing a personal theoretical orientation.

COUN 606 Research Methodology and Program Evaluation (3 Credits)

This course provides a comprehensive study of research methodology and program evaluation in counseling. Students learn how to examine research literature, evaluate outcome studies, and design research projects in order to improve counseling and program effectiveness. Ethical and cultural issues in conducting research in counseling settings are addressed.

COUN 607 Group Process (3 Credits)

This course provides an introduction to group work. Students learn the foundation of forming a group, group leadership skills, process & content, ethical and cultural issues, and groups for special populations. Students will participate in their own group process for a minimum of 10 clock hours required by CACREP.

COUN 608 Counseling Skills (3 Credits)

This course focuses on the development of effective counseling and interviewing skills and techniques that are essential to the therapeutic relationship. Attention is given to the development of self-awareness and the counselor's impact on clients, as well as professional boundaries, ethical issues, and basic crisis intervention skills.

COUN 609 Differential Diagnosis of Maladaptive Behavior (3 Credits)

This course examines how psychopathologies affect children, adolescents, and adults focusing on emotional and behavioral disorders; history, etiology, and classification of psychopathologies; developmental, bioecological, and systems models; risk factors; ethical and legal issues. Emphasis is on the roles of communities, families, and culture and applying concepts to case studies.

Pre-Requisite(s): COUN 601, 603, 605, 607 and 608.

COUN 610 Clinical Mental Health Counseling (3 Credits)

This course provides an overview of the history and practice of mental health counseling and an examination of prevention, intervention, and referral services in community agencies. Ethical issues regarding managed health care, advocacy, public policy, service utilization, and program funding are addressed. Mental health counseling, and crisis intervention skills are introduced.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 613 Introduction to Sandtray Therapy (3 Credits)

This course provides students with the introductory knowledge, skills, and experience of sandtray therapy. Students will learn the fundamental knowledge and necessary tools to start sandtray therapy, unique benefits of sandtray therapy, and therapeutic/facilitating skills for processing sandtray with clients.

Prerequisites: COUN 601, 605, 607, and 608

COUN 616 Therapeutic Intervention Techniques: Consultation in Educational Settings (3 Credits)

This course provides an overview of counseling, consultation, and referral skills in comprehensive school counseling programs. Developmental, ethical, legal, and cultural issues are addressed with an emphasis on the counselor as a leader, change agent, and advocate in urban schools. Data driven programs, accountability and student outcomes are examined.

COUN 618 Integrated Hlth Care & EBPractices for Working with Children, Adolescent, and Transitional Age Youth (3 Credits)

Lecture, Role-Play, Clinical Demonstration, Discussion (face-to-face and web-based) and Problem-Solving, Video-Recorded Instruction, Guest Speakers, Group Discussion, Playback of Video-Recorded Counseling Sessions, and Hands on Activities.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 627 Consultation and Management of Developmental School Counseling (3 Credits)

This course provides advanced training in the delivery of comprehensive school counseling programs and interventions. Students will learn how to select, design, deliver, and evaluate school counseling programs and interventions from a theoretical and evidence-based perspective.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 616.

COUN 629 Multicultural Counseling (3 Credits)

This course introduces counselor trainees and practicing counselors to issues related to working with a culturally diverse clientele. In this course, students discuss the sociopolitical issues related to cross-cultural counseling and gain knowledge of the theory and skills that are needed to be effective cross-cultural counselors.

Pre-requisite(s): COUN 601, 605, 607 and 608.

COUN 631 Psychopharmacology (3 Credits)

This is an introductory course in psychopharmacology in counseling. Agents to be covered include antidepressants, antipsychotics, anxiolytics (anti-anxiety agents), anticonvulsants, stimulants, narcotic analgesics (opiates), hallucinogens (psychedelics), sedatives and alcohol.

Pre-requisite(s): COUN 601, 605, 607, 608 and 609.

COUN 632 Family and Couple Counseling (3 Credits)

This course introduces the student to the historical development of family systems therapy, its concept and practice. Specific techniques and family/system assessment and intervention are discussed and practiced. Special problems of family therapy are considered. Other concerns include feminist and multicultural issues, AIDS counseling, and family therapy with stepfamilies.

Pre-requisite(s): COUN 601, 605, 607 and 608.

COUN 636 Group Counseling Theory and Practice (3 Credits)

This course focuses on students developing their own group leadership skills as needed in the clinical mental health and school settings. Students practice these skills in an experiential setting as group leaders. Clinical, ethical, and cultural dilemmas facing counselors of various counseling groups are explored and processed.

Prerequisite(s): COUN 601, 605, 607 and 608

COUN 640 Counseling Children and Adolescents (3 Credits)

This course provides a comprehensive study of the history, theory, and practice of counseling children and adolescents. Individual counseling skills and experience techniques are emphasized in counseling children with a range of emotional and behavioral problems. Clinical, developmental, ethical, and cultural issues are examined in case studies.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 642 Play Therapy (3 Credits)

This course provides and overview of history, theories, and applications of play therapy. Play material and toys are introduced and integrated into ethical and culturally sensitive counseling practice. Students will practice basic play therapy skills through watching videos, role playing, and conducting mock sessions.

COUN 644 Parent-Child Centered Play Therapy (3 Credits)

This course provides a comprehensive study of filial therapy. Students develop advanced child centered filial therapy and play therapy skills, and learn to work with a child's system to facilitate relational and systemic change. Ethical, cultural, and clinical issues in parent child play therapy are examined.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 642

COUN 650 Foundations of Addictions Counseling (3 Credits)

This course provides an introductory level survey of the assessment, prevention, diagnosis, and treatment of alcohol and substance use-related problems. The effects of substances and addiction on the individual, family, and society are presented. Basic knowledge and attitudes prerequisite to developing competency in addiction counseling are emphasized.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 652 Assessment, Treatment Planning, and Interventions in Addictions Counseling (3 Credits)

This course surveys the methods, interventions, and treatment paradigms currently employed in the counseling of children, adolescents, and their families with alcohol and/or substance abuse-related problems. A therapeutic skills approach to clinical assessment, treatment planning, counseling strategies implementation and techniques.

Pre-Requisite(s): COUN 601, 605, 607, and 608.

COUN 654 Addictions Prevention and Intervention Programs and Resources (3 Credits)

This course addresses the needs of counselors, community and school professionals responsible for the coordination of substance awareness and prevention activities. Issues in education, prevention, community resources and programs, and intervention are emphasized in this course. Specific prevention programs and community resources and techniques for children, adolescents and adults will be addressed.

Pre-Requisite(s): COUN 601, 605, 607, and 608.

COUN 658 Addictions Counseling: Family Systems Assessment and Treatment (3 Credits)

This course provides a skills approach to clinical assessment, treatment planning, and family counseling strategies for alcohol/drugs and other addictions impacting families and family systems.

Prerequisites: COUN 601, 605, 607, 608 and 650

COUN 663 Career Counseling and Development (3 Credits)

This course provides an overview of career counseling and development across the lifespan. Theories of career choice, career commitment, and life-course development are applied to research and practice in career counseling. Skills are developed in administering and interpreting career assessments and technology resources in a culturally appropriate and ethical manner.

Prerequisites: COUN 601, 605, 607 and 608

COUN 680 Advanced Counseling Techniques (3 Credits)

This course provides students with an in-depth study of advanced counseling techniques with an emphasis on developing their own proficiency. Students will learn theoretical perspectives, fundamental benefits, and common factors facilitating change in counseling. Through experiential components, students are given opportunity to practice techniques while applying cultural sensitivity and ethical values.

Pre-Requisite(s): COUN 601, 605, 607, and 608.

COUN 686 Case Conceptualization and Treatment Planning in Counseling (3 Credits)

This course provides advanced study in case conceptualization and evidence-based treatment planning in counseling. Clinical, cultural, systemic, and, ethical issues are examined through case studies. Crisis intervention, trauma treatment, and psychopharmacological interventions are addressed.

Pre-Requisite(s): COUN 601, 605, 607,608 and 609

COUN 690 Practicum in Counseling (3 Credits)

This course involves supervised application of counseling processes with clients. Students will be provided with an opportunity to observe and practice the roles and responsibilities inherent in the work of counselors at either school or clinical mental health setting. The class time includes weekly small group supervision.

Pre-Requisite(s): Completed and approved practicum application and permission of the Coordinator.

COUN 694 Internship I (3 Credits)

Internship I is a 300-hour counseling internship in a counseling setting. The requirements include 120 direct service and 180 indirect service clock hours including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and performance.

Pre-requisite(s): COUN 690 and Permission of Coordinator.

COUN 695 Internship II (3 Credits)

Internship II is a 300-hour advanced counseling internship in a counseling setting. The requirement includes 120 direct service and 180 indirect service clock hours including video-recorded individual and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and performance.

Pre-requisite(s): COUN 694 and Permission of Coordinator.

COUN 698 Disaster, Trauma, and Crisis Counseling (3 Credits)

This course provides foundation and skills counselors need to respond effectively in various crises and disasters including psychological first aid, crisis intervention, and disaster mental health. Ethical and cultural considerations as well as counseling options are examined in treatment of posttraumatic stress, suicide, abuse, sudden loss, and mass trauma.

Pre-requisite(s): COUN 601, 605, 607and 608.

COUN 699 Counseling Supervision (3 Credits)

This course provides an intensive study and practice of counseling supervision. Emphasis is on the assimilation and application of major theoretical/conceptual models, ethical and cultural considerations, and supervision issues in mental health, agency, school, and university settings. Advanced students will apply their skills by providing individual or triadic supervision to practicum supervisees. Supervision sessions will be video recorded and reviewed by the instructor and student to improve supervision skills. Course Pre-Requisite(s): COUN 694.

Pre-Requisite(s): Permission of the Chairperson

COUN 700 Internship III in Counseling (3 Credits)

Internship is a field experience reflecting the comprehensive work experience of a professional counselor. Students complete 300 hours of direct and indirect services including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and dispositions.

Pre-Requisite(s): COUN 695 and Permission of Coordinator

COUN 701 Internship IV in Counseling (3 Credits)

Internship IV is an advanced field experience reflecting the work experience of a counselor. Students complete 300 hours of direct and indirect services including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and dispositions.

Pre-Requisite(s): COUN 700 and Permission of Coordinator

COUN 703 Independent Study In Counseling (3 Credits)

This is a specialization and research course. Prerequisite: Matriculation and membership in the School Psychology Program.

Pre-requisite(s): Permission of Chairperson.