

COUNSELING—CLINICAL MENTAL HEALTH COUNSELING OPTION, M.A.

The M.A. in Counseling with an option in Clinical Mental Health Counseling prepares counselors for positions in community mental health and human service agencies, schools, universities, hospitals, government, business, industry, and independent practice, and provides the academic core courses for licensure. The Clinical Mental Health Counseling program at the Department of Counselor Education at NJCU is accredited by the Council for Accreditation of Counseling Related and Educational Programs (CACREP) (<https://www.cacrep.org/>).

Graduates of the Clinical Mental Health Counseling program meet the academic eligibility requirements for New Jersey Licensed Associate Counselor and are eligible to take the National Counselor Examination.

Code	Title	Credits
Phase I		
COUN 601	Orientation to Professional Counseling and Ethics ¹	3
COUN 603	Counseling and Developmental Psychology Across the Life Span	3
COUN 604	Appraisal and Assessment in Counseling	3
COUN 605	Counseling Theories ¹	3
COUN 606	Research Methodology and Program Evaluation	3
COUN 607	Group Process ¹	3
COUN 608	Counseling Skills ¹	3
COUN 609	Differential Diagnosis of Maladaptive Behavior	3
COUN 610	Clinical Mental Health Counseling	3
Phase II		
COUN 629	Multicultural Counseling	3
COUN 632	Family and Couple Counseling	3
COUN 636	Group Counseling Theory and Practice	3
COUN 650	Foundations of Addictions Counseling	3
COUN 663	Career Counseling and Development	3
COUN 686	Case Conceptualization and Treatment Planning in Counseling	3
Phase III		
COUN 690	Practicum in Counseling	3
COUN 694	Internship I	3
COUN 695	Internship II	3
COUN TBD	Counseling Elective	3
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Total Credits		60

¹ COUN 601, COUN 605, COUN 607, and COUN 608 must be completed within the first 12 credits, preferably in the first year of study, but no later than the second year.

New students in the M.A. in Counseling Program are admitted to begin study in the *Fall* or *Spring* semesters only.

This degree map is to be used as an example only. Please consult with your advisor in your first semester to develop your own degree map/academic plan.

First Year		
Semester 1		
COUN 605	Counseling Theories	3
COUN 607	Group Process	3
Credits		6
Semester 2		
COUN 601	Orientation to Professional Counseling and Ethics	3
COUN 603	Counseling and Developmental Psychology Across the Life Span	3
COUN 608	Counseling Skills	3
Credits		9
Summer 1		
COUN 629	Multicultural Counseling	3
Credits		3
Summer 2		
COUN 632	Family and Couple Counseling	3
Credits		3
Second Year		
Semester 1		
COUN 629	Multicultural Counseling	3
COUN 636	Group Counseling Theory and Practice	3
Credits		6
Semester 2		
COUN 606	Research Methodology and Program Evaluation	3
COUN 686	Case Conceptualization and Treatment Planning in Counseling	3
Credits		6
Summer 1		
COUN 650	Foundations of Addictions Counseling	3
Credits		3
Summer 2		
COUN XXX	Elective Course	3
Credits		3
Third Year		
Semester 1		
COUN 636	Group Counseling Theory and Practice	3
COUN 663	Career Counseling and Development	3
Credits		6
Semester 2		
COUN 690	Practicum in Counseling	3
COUN XXX	Elective Course	3
Credits		6
Fourth Year		
Semester 1		
COUN 694	Internship I	3
Credits		3

Semester 2

COUN 695	Internship II	3
	Credits	3
	Total Credits	57

Student Learning Outcomes

Upon completion of the M.A. in Counseling with an option in Clinical Mental Health Counseling students will:

1. Gain foundational knowledge and skills to become culturally and ethically competent professional counselor.
2. Develop necessary counseling skills and techniques to work effectively with diverse clients in the formats of individual, couples, families, and group counseling to accomplish mental health, wellness, education, and career goals.
3. Demonstrate the highest standards of professional dispositions including but not limited to ethical behavior, self-awareness, and interpersonal skills.
4. Demonstrate knowledge and skills in evidence based practices (EBPs) or best practices, including assessment, diagnosis, prevention and intervention treatment, for a wide range of mental health and substance use issues.
5. Demonstrate leadership and advocacy skills to promote social justice and support both individual and systemic change for the purpose of promoting clients' well-being.