

COUNSELOR EDUCATION

Rossey Building, 5th Floor, Room 536
201-200-3400

<http://www.njcu.edu/department/counselor-education> (<http://www.njcu.edu/department/counselor-education/>)

Counseling Program

The Counseling Program prepares exemplary counselors who are caring, reflective and culturally sensitive. As counselors we empower individuals and families to make positive changes in their lives and resolve personal, educational, career, and relationship problems. Our program reflects the goals and needs of a highly diverse, multilingual, community of learners. We are committed to social justice advocacy to remove barriers to education and to promote equity and optimal development for all persons and groups in urban, suburban, and rural settings.

Counseling faculty and students identify with the counseling profession through the American Counseling Association (ACA) and its divisions such as the American School Counselor Association, the Association for Multicultural Development, and the Association for Specialists in Group Work. Qualified students may be invited to Chi Sigma Iota, Counseling Academic and Professional Honor Society International.

The Counseling Program offers:

- M.A. in Counseling, Clinical Mental Health Counseling option
- M.A. in Counseling, School Counseling option

Elective courses for:

- Licensed Associate Counselor (LAC), and Licensed Professional and Counselor (LPC)
- Licensed Clinical Alcohol and Drug Counselor (LCADC)
- Registered Play Therapist (RPT)

For more information about the Counseling Program, go to <http://www.njcu.edu/department/counselor-education>. (<http://www.njcu.edu/department/counselor-education/>)

For more information about the counseling profession, go to <http://www.counseling.org>. (<http://www.counseling.org>)

For more information about school counselors, go to <http://schoolcounselor.org>. (<http://schoolcounselor.org>)

Counseling Programs Option

The Counseling program offers two options:

- The 60-credit Clinical Mental Health Counseling option
- The 48-credit School Counseling option

CACREP Standards

The Counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Common core courses integrate knowledge (content), skills (practice), and dispositions (personal awareness and development). The Code of Ethics of the American Counseling Association (ACA) and the ACA Multicultural Counseling Competencies and Standards are infused in all courses. Students achieve competencies in eight CACREP core areas:

- Professional Orientation and Ethical Practice
- Social and Cultural Diversity
- Human Growth and Development
- Career Development
- Helping Relationships
- Group Work
- Assessment
- Research and Program Evaluation

Programs may be revised in response to changes in requirements for certification, licensure, or accreditation. Prospective applicants and current graduate students should go to the Department of Counselor Education pages for updated program information.

Admission Requirements

In addition to fulfilling the general graduate studies admission requirements in the NJCU graduate catalog, admission and matriculation requirements consist of:

- Graduate Record Examination (GRE) scores, General Test only.

The GRE may be waived if the candidate holds an advanced degree from an accredited institution of higher education in the United States or the evaluated equivalent of foreign academic credentials. Other test waivers may be offered. Applicants should check for the latest test waive policy at the Graduate Admissions Home Page: <http://www.njcu.edu/admissions/graduate-admissions>. (<http://www.njcu.edu/admissions/graduate-admissions/>)

- A baccalaureate degree with a minimum 3.0 cumulative GPA.
- 500-word essay, reflective of the candidate's personal counseling philosophy and counselor dispositions, including the candidate's future role as a counseling professional in an urban environment.
- 2 Recommendation Forms for Graduate Degree Program completed by two professionals such as professors or supervisors attesting to the candidate's potential for graduate study in Counseling
- Interview
After a review of the candidate's credentials and a successful interview with the Graduate Counseling Committee, the candidate may be recommended either for matriculation or conditional admission.
Students must begin degree programs only in the Fall and Spring semesters. Conditionally admitted students must complete the first two classes with a successful grade in order to be approved for matriculation and continue in the program.

Program Exit Requirements

In addition to general graduate studies requirements in the graduate catalog, completion of all requirements of the following options with a minimum 3.00 GPA:

- 48-credit School Counseling option,
or
- 60-credit Clinical Mental Health Counseling option

Jean Georgiou, Co-Chairperson

Associate Professor of Counselor Education

Thomas Edison State University, B.A.; Monmouth University, M.A.; Argosy University, Ed.D.

Yumiko Ogawa (yogawa@njcu.edu)

Associate Professor of Counselor Education

Meijigakuin University, B.A., M.A.; University of North Texas, M.Ed., Ph.D.

Vaibhavee Agaskar

Associate Professor of Counselor Education

University of Mumbai, B.A., M.A.; Oakland University, Ph.D.

Victor Tuazon (vtuazon@njcu.edu)

Associate Professor of Counselor Education

James Madison University, B.S.; Regent University, M.A.; William & Mary, Ph.D.

Yung-Wei Lin

Associate Professor of Counselor Education

Taipei University, BA; Dallas Baptist University, MA; University of North Texas, Ph.D.

Grace Wambu

Associate Professor of Counselor Education

Kenyatta University, Kenya, B.Ed, M.Ed; Northern Illinois University, Ed.D.

Various discipline-specific concentrations that will prepare students for multiple fields of employment or areas of additional graduate study are noted below. Course requirements for each concentration are explained in detail. The requirements for graduation, in addition to completion of the major area, are listed on "Completing a Graduate Program (<https://catalog.njcu.edu/graduate/academic-requirements-policies-procedures/>)."

- Counseling—Clinical Mental Health Counseling Option, M.A. (<https://catalog.njcu.edu/graduate/education/counselor/counseling-ma-clinical-mental-health-option/>)
- Counseling—School Counseling Option, M.A. (<https://catalog.njcu.edu/graduate/education/counselor/counseling-ma-school-option/>)
- Counseling—Play Therapy Certification (<https://catalog.njcu.edu/graduate/education/counselor/play-therapy-certification/>)

Counseling (COUN)

COUN 601 Orientation to Professional Counseling and Ethics (3 Credits)

This course provides an overview of the history, philosophy, and practice of the counseling profession and is the program foundation course.

Counselor roles, organizations, licensure and the ACA Code of Ethics are examined with a focus on developing professional counselor identity and advocacy in diverse environments.

COUN 602 Psychology Of Personality (3 Credits)

The significance of different personality theories and their relation to practice in the mental health disciplines are studied. The implications for personality assessment and intervention procedures are emphasized.

COUN 603 Counseling and Developmental Psychology Across the Life Span (3 Credits)

This course provides an understanding of the development needs of individuals in multicultural contexts through the lens of the counselor. Theories and concepts of cognitive, personality, and social development from conception through death are examined with an emphasis on wellness and optimal human development.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 604 Appraisal and Assessment in Counseling (3 Credits)

This course provides an introduction to using assessment in the counseling process. Students learn to select, administer, score, and interpret assessments and use results in the case conceptualization and treatment planning process. Psychometric and statistical concepts are introduced with attention to ethical, social, and cultural factors in the appraisal.

Pre-Requisite(s): COUN 601, 603, 605, 607 and 608.

COUN 605 Counseling Theories (3 Credits)

This course introduces the major counseling theories with an emphasis on comparing and contrasting elements of each theory. Attention is given to applying theory to counseling practice, developing a personal theoretical orientation as a professional counselor, and integrating theory into the treatment of grief and trauma.

COUN 606 Research Methodology and Program Evaluation (3 Credits)

This course provides a comprehensive study of research methodology and program evaluation in counseling. Students learn how to examine research literature, evaluate outcome studies, and design action research in order to improve counseling and program effectiveness. Ethical and cultural issues in conducting research in counseling settings are addressed.

COUN 607 Group Process (3 Credits)

This course increases students' understanding of growth processes, which occur in different types of group settings, particularly in-group counseling. Group procedures are part of the course and the goal is to enable students to function as group counselors. Emphasis is placed on the dynamics in dealing with students at all levels of school settings. Prerequisite: Permission of instructor.

COUN 608 Counseling Skills (3 Credits)

This course focuses on the development of effective counseling and interviewing skills and techniques that are essential to the therapeutic relationship. Attention is given to the development of self-awareness and the counselor's impact on clients, as well as professional boundaries, ethical issues, and basic crisis intervention skills.

COUN 609 Differential Diagnosis of Maladaptive Behavior (3 Credits)

This course examines how psychopathologies affect children, adolescents, and adults focusing on emotional and behavioral disorders; history, etiology, and classification of psychopathologies; developmental, bioecological, and systems models; risk factors; ethical and legal issues. Emphasis is on the roles of communities, families, and culture and applying concepts to case studies.

Pre-Requisite(s): COUN 601, 603, 605, 607 and 608.

COUN 610 Clinical Mental Health Counseling (3 Credits)

This course provides an overview of the history and practice of mental health counseling and a examination of prevention, intervention, and referral services in community agencies. Ethical issues regarding managed health care, advocacy, public policy, service utilization, and program funding are addressed. Mental health counseling, and crisis intervention skills are introduced.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 616 Therapeutic Intervention Techniques: Consultation in Educational Settings (3 Credits)

This course provides an overview of counseling, consultation, and referral skills in comprehensive school counseling programs. Developmental, ethical, legal, and cultural issues are addressed with an emphasis on the counselor as a leader, change agent, and advocate in urban schools. Data driven programs, accountability and student outcomes are examined.

COUN 618 Integrated Hlth Care & EBPractices for Working with Children, Adolescent, and Transitional Age Youth (3 Credits)

Lecture, Role-Play, Clinical Demonstration, Discussion (face-to-face and web-based) and Problem-Solving, Video-Recorded Instruction, Guest Speakers, Group Discussion, Playback of Video-Recorded Counseling Sessions, and Hands on Activities.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 627 Consultation and Management of Developmental School Counseling (3 Credits)

This course provides an overview of the role of a professional school counselor as a consultant and manager of a development school counseling program (i.e., needs assessments, program development, and program evaluation). Students will put the knowledge learned into real use by working with a school in all of these roles.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 616.

COUN 629 Multicultural Counseling (3 Credits)

This course introduces counselor trainees and practicing counselors to issues related to working with a culturally diverse clientele. In this course, students discuss the sociopolitical issues related to cross-cultural counseling and gain knowledge of the theory and skills that are needed to be effective cross-cultural counselors.

Pre-requisite(s): COUN 601, 605, 607 and 608.

COUN 631 Psychopharmacology (3 Credits)

The overall goal of this course is to provide the student with introductory psychopharmacology of various medications, drugs, and alcohol. Agents to be covered include antidepressants, antipsychotics, anxiolytics (anti-anxiety agents), anticonvulsants, stimulants, narcotic analgesics (opiates), hallucinogens (psychedelics), sedatives and alcohol. This course will presume knowledge of introductory biological concepts and basic pharmacological concepts.

Pre-requisite(s): COUN 601, 605, 607, 608 and 609.

COUN 632 Family and Couple Counseling (3 Credits)

This course introduces the student to the historical development of family systems therapy, its concept and practice. Specific techniques and family/system assessment and intervention are discussed and practiced. Special problems of family therapy are considered. Other concerns include feminist and multicultural issues, AIDS counseling, and family therapy with stepfamilies.

Pre-requisite(s): COUN 601, 605, 607 and 608.

COUN 636 Group Counseling Theory and Practice (3 Credits)

Course provides a generic framework for supervision of group psychotherapists. It is intended for students already involved, or soon to be engaged in facilitating groups. Clinical supervision is typically viewed as the integration of professional identity and competency. We will address the modern day dilemmas facing facilitators of groups.

Prerequisite(s): COUN 601, 605, 607 and 608

COUN 640 Counseling Children and Adolescents (3 Credits)

This course provides a comprehensive study of the history, theory, and practice of counseling children and adolescents. Individual counseling skills and experience techniques are emphasized in counseling children with a range of emotional and behavioral problems. Clinical, developmental, ethical, and cultural issues are examined in case studies.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 642 Play Therapy (3 Credits)

This course provides an overview of history, theories, and applications of play therapy. Play material and toys are introduced and integrated into ethical and culturally sensitive counseling practice. Students will practice basic play therapy skills through watching videos, role playing, and conducting mock sessions.

COUN 644 Parent-Child Centered Play Therapy (3 Credits)

This course provides a comprehensive study of filial therapy. Students develop advanced child centered filial therapy and play therapy skills, and learn to work with a child's system to facilitate relational and systemic change. Ethical, cultural, and clinical issues in parent child play therapy are examined.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 642

COUN 650 Foundations of Addictions Counseling (3 Credits)

This course provides an introductory level survey of the concepts, issues, and research on prevention, diagnosis, and treatment of alcohol and substance abuse-related issues.

Pre-Requisite(s): COUN 601, 605, 607 and 608.

COUN 651 Development of Substance Awareness Programs (3 Credits)

This course is designed to explore, analyze, and develop school and family programs which focus on substance abuse prevention and intervention.

COUN 652 Assessment, Treatment Planning, and Interventions in Addictions Counseling (3 Credits)

This course provides an advanced survey of the methods, interventions, and treatment paradigms currently employed in the counseling of children, adolescents, and their families with alcohol and/or substance abuse-related problems.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 650..

COUN 654 Addictions Prevention and Intervention Programs and Resources (3 Credits)

This course addresses the needs of counselors, community and school professionals responsible for the coordination of substance awareness and prevention activities. Issues in education, prevention, community resources and programs, and intervention are emphasized in this course. Specific prevention programs and community resources and techniques for children, adolescents and adults will be addressed.

Pre-Requisite(s): COUN 601, 605, 607, 608 and 650.

COUN 658 Addictions Counseling: Family Systems Assessment and Treatment (3 Credits)

This course provides a skills approach to clinical assessment, treatment planning, and family counseling strategies for alcohol/drugs and other addictions impacting families and family systems.

Prerequisites: COUN 601, 605, 607, 608 and 650

COUN 663 Career Counseling and Development (3 Credits)

This course familiarizes the potential counselor with the reference materials, resources, and procedures needed to guide students in educational and vocational decision-making. The wide range of possibilities from which, students at all levels must make their choices is explored. Techniques for helping individuals assess their own potential and make realistic decisions are studied. Theories of career development and choice are examined in detail. Various methods of motivating students to become involved in career selection are studied.

Prerequisites: COUN 601, 605, 607 and 608

COUN 680 Advanced Counseling Techniques (3 Credits)

This course provides students with an in-depth study of advanced counseling techniques with an emphasis on developing their own proficiency. Students will learn theoretical perspectives, fundamental benefits, and common factors facilitating change in counseling. Through experiential components, students are given opportunity to practice techniques while applying cultural sensitivity and ethical values.

Pre-Requisite(s): COUN 601, 605, 607, and 608.

COUN 686 Case Conceptualization and Treatment Planning in Counseling (3 Credits)

This course provides advanced study in case conceptualization and evidence-based treatment planning in counseling. Clinical, cultural, systemic, and, ethical issues are examined through case studies. Crisis intervention, trauma treatment, and psychopharmacological interventions are addressed.

Pre-Requisite(s): COUN 601, 605, 607,608 and 609

COUN 690 Practicum in Counseling (3 Credits)

Course is designed to provide students with an intensive school counseling practicum experience. Students will be provided with an opportunity to observe first-hand, the roles and responsibilities inherent in the work of counselors, thereby enabling them to apply the skills and knowledge gained in prior course work.

Pre-Requisite(s): Completed and approved practicum application and permission of the Coordinator.

COUN 694 Internship I (3 Credits)

Internship I is a 300-hour counseling internship in a counseling setting. The requirements include 120 direct service and 180 indirect service clock hours including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and performance.

Pre-requisite(s): COUN 690 and Permission of Coordinator.

COUN 695 Internship II (3 Credits)

Internship II is a 300-hour advanced counseling internship in a counseling setting. The requirement includes 120 direct service and 180 indirect service clock hours including video-recorded individual and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and performance.

Pre-requisite(s): COUN 694 and Permission of Coordinator.

COUN 698 Disaster, Trauma, and Crisis Counseling (3 Credits)

This course focuses on the skills counselors need to respond effectively in crises and mass disasters including psychological first aid, crisis intervention, and disaster mental health. Ethical, cultural, and treatment issues are examined in the treatment of posttraumatic stress, suicide, abuse, sudden loss, and mass trauma.

Pre-requisite(s): COUN 601, 605, 607and 608.

COUN 699 Counseling Supervision (3 Credits)

This course provides an intensive study and practice of counseling supervision. Emphasis is on the assimilation and application of major theoretical/conceptual models, ethical and cultural considerations, and supervision issues in mental health, agency, school, and university settings. Advanced students will apply their skills by providing individual or triadic supervision to practicum supervisees. Supervision sessions will be video recorded and reviewed by the instructor and student to improve supervision skills. Course Pre-Requisite(s): COUN 694.

Pre-Requisite(s): Permission of the Chairperson

COUN 700 Internship III in Counseling (3 Credits)

Internship is a field experience reflecting the comprehensive work experience of a professional counselor. Students complete 300 hours of direct and indirect services including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and dispositions.

Pre-Requisite(s): COUN 695 and Permission of Coordinator

COUN 701 Internship IV in Counseling (3 Credits)

Internship IV is an advanced field experience reflecting the work experience of a counselor. Students complete 300 hours of direct and indirect services including video-recorded individual counseling and group counseling, consultation, and assessment. Individual on-site and university group supervision provide continuous feedback and evaluation of counseling skills and dispositions.

Pre-Requisite(s): COUN 700 and Permission of Coordinator

COUN 703 Independent Study In Counseling (3 Credits)

This is a specialization and research course. Prerequisite: Matriculation and membership in the School Psychology Program.

Pre-requisite(s): Permission of Chairperson.

COUN 715 Consultation and Program Evaluation (3 Credits)

This course will prepare students to: (a) develop instructional, behavioral, and organizational consultation skills in educational and human service settings, (b) utilize research and statistical evaluation tools, and (c) apply these tools to program evaluation in educational and human service settings. Students will gain experience in using consultation and evaluation skills in applied settings, with up to 35 clock hours of practicum experience.